

EMOTIONAL SUPPORT SERVICE

The trauma that comes with experiencing Child Sexual Abuse (CSA) can have a long-lasting impact on children and young people's emotional wellbeing. Research shows providing early emotional support can help reduce this impact.

Safer London's Emotional Support Service is here for young Londoners and their families, providing support across **Lambeth, Lewisham, Southwark, Bexley, Bromley** and **Greenwich**.

WHAT THE SERVICE LOOKS LIKE

The Emotional Support Service supports children and young people, and their families after disclosure of intra-familial CSA*. Our specialist Emotional Support Workers provide bespoke emotional support, built around the needs of the children or young person and their family.

This can include:

- Emotional support during a CSA Medical**
- Up to eight one to one sessions with the child or young person covering areas including managing their emotions and behaviours stemming from their trauma, as well as how to navigate safeguarding and police processes
- Working with the child or young person to identify and access any future, longer-term or specialist support
- Working with their network of professionals and advocating on behalf of the child

WHO THE SERVICE IS FOR

We work with children and young people who are:

- Aged 0 – 18; 25 with additional needs
- Living in South-East London
- Have had a CSA Medical or a CSA Medical has been considered
- Have made a recent disclosure of CSA (the abuse can be historic)

HOW TO MAKE A REFERRAL

We accept referrals from **Community Paediatricians, Social Workers or Police Officers**.

Please complete the **online form** to make an enquiry.



SCAN ME



It's been a huge help towards the healing of my recent trauma.

It was so helpful to be able to speak to someone who was always willing to help, advise and just simply listen.

*When a child discloses CSA, the allocated social worker should refer them for a CSA Medical at the Haven for Bromley, Bexley and Greenwich and Lewisham, and Community Paediatricians Hub for Southwark and Lambeth. This medical is a holistic assessment of the child's wellbeing, as well as a physical examination **Only available to children and young people living in Southwark and Lambeth.